



Saint Ambrose of Woodbury Lunch Menu

January
2023

"Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>	<p>3</p>	<p>4</p> <p>Choice of Quesadilla Choice of Nachos</p> <p>Refried Beans Cherry Tomato Pineapple Tidbits Fresh Grapes</p>	<p>5</p> <p>Pasta with Meatballs & Sauce Rip Stick Breadstick Crispy Chicken Sandwich</p> <p>Roasted Broccoli Cherry Tomato Applesauce Fresh Grapes</p>	<p>6</p> <p>French Toast Sticks Sausage Patty Choice of Pizza</p> <p>Steamed Carrots Cherry Tomato Diced Pears Fresh Grapes</p>
<p>9</p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll Cheeseburger on a Bun</p> <p>Roasted Broccoli Baby Carrots Diced Peaches Banana</p>	<p>10</p> <p>Meatloaf Whole Grain Dinner Roll Crispy Chicken Nuggets</p> <p>Mashed Potatoes & Gravy Baby Carrots Mixed Canned Fruit Banana</p>	<p>11</p> <p>Corn Dog Choice of Nachos</p> <p>Baked Beans Baby Carrots Pineapple Tidbits Banana</p>	<p>12</p> <p>Grilled Ham & Cheese Sandwich Crispy Chicken Sandwich</p> <p>Tater Tots Baby Carrots Applesauce Banana</p>	<p>13</p> <p>Lasagna Rollup with Sauce Garlic Toast Choice of Pizza</p> <p>California Blend Vegetable Baby Carrots Diced Pears Banana</p>
<p>16</p> <p>Martin Luther King Day No School</p>	<p>17</p> <p>Meatball Marinara Sub Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Steamed Green Beans Cucumber Slices Mixed Canned Fruit Fresh Pear</p>	<p>18</p> <p>Choice of Breakfast Sandwich Choice of Nachos</p> <p>Roasted Broccoli Salsa Pineapple Tidbits Fresh Pear</p>	<p>19</p> <p>Beef Chili Cornbread Bowl Crispy Chicken Sandwich</p> <p>Potato Wedges Cucumber Slices Applesauce Fresh Pear</p>	<p>20</p> <p>Chicken Potstickers Chicken Fried Rice Choice of Pizza</p> <p>Steamed Carrots Cucumber Slices Diced Pears Fresh Pear</p>
<p>23</p> <p>Shrimp Poppers Macaroni & Cheese Cheeseburger on a Bun</p> <p>Coleslaw Cherry Tomato Diced Peaches Fresh Apple</p>	<p>24</p> <p>Beef Hotdog on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Baked Beans Cherry Tomato Mixed Canned Fruit Fresh Apple M&M Cookie</p>	<p>25</p> <p>Orange Chicken Brown Rice Choice of Nachos</p> <p>Steamed Carrots Cherry Tomato Pineapple Tidbits Fresh Apple</p>	<p>26</p> <p>Pancakes Easy Egg Bake Crispy Chicken Sandwich</p> <p>Potato Wedges Cherry Tomato Applesauce Fresh Apple</p>	<p>27</p> <p>Choice of Bake Garlic Toast Choice of Pizza</p> <p>Roasted Broccoli Cherry Tomato Diced Pears Fresh Apple</p>
<p>30</p> <p>Fish Sandwich with Cheese Cheeseburger on a Bun</p> <p>Parsley Potato Baby Carrots Diced Peaches Banana</p>	<p>31</p> <p>Lasagna Rollup with Alfredo Rip Stick Breadstick Crispy Chicken Nuggets Whole Grain Dinner Roll Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana</p>			<p>This is for Food 4 Thought</p>

PRICES

Student Lunch	\$3.65
Second Entree	\$2.00
Adult Lunch	\$4.95
Milk	\$.60

EXTRA INFO

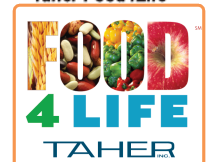
Milk Choice of 1% White, Skim, Chocolate or Strawberry is included with Lunch.
For Questions or Comments contact the Food Service at foodservice@saintambroseschool.org or call 651.768.3028

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



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