



Saint Ambrose of Woodbury Lunch Menu

September
2022

"Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	This is for Food 4 Thought		1 Pepperoni & Cheese Calzone Turkey Deli Sandwich Salad Bar Cauliflower Floret Fresh Fruit Bar	2 No School
5 Labor Day No School	6 Pasta with Meatballs & Sauce Chicken Caesar Wrap Salad Bar Caesar Side Salad Fresh Fruit Bar	7 Chicken Tacos Chicken and Cheese Quesadilla Salad Bar Lettuce, Cheese & Salsa Canned Fruit Bar	8 Orange chicken Egg roll Salad Bar Fried Rice Cauliflower Floret Fresh Fruit Bar	9 Cheeseburger on a Bun Turkey & Cheese Flatbread Munchable Salad Bar Sweet Potato Fries Cucumber Slices Canned Fruit Bar
12 French Toast Sausage Breakfast Biscuit Salad Bar Breakfast Potatoes Baby Carrots Fresh Fruit Bar	13 Crispy Chicken Nuggets Whole Grain Dinner Roll BBQ Pulled Pork on Pretzel Bun Salad Bar Broccoli Salad Cherry Tomato Canned Fruit Bar	14 Beef Hotdog on a Bun Italian Turkey Panini Salad Bar Tater Tots Baked Beans Fresh Fruit Bar	15 Italian Pasta Bake Whole Grain Dinner Roll Salisbury Steak Salad Bar Roasted Cauliflower Caesar Side Salad Canned Fruit Bar	16 Max Stix Marinara Sauce Italian Stromboli Salad Bar Steamed Green Beans Celery Sticks Fresh Fruit Bar
19 Hamburger on a Bun Chicken Wrap Munchable Salad Bar Golden French Fries Romaine Lettuce Canned Fruit Bar	20 Walking Taco The "Mac" Flatbread Salad Bar Lettuce, Cheese & Salsa Red Peppers Fresh Fruit Bar	21 Pasta with Meat Sauce BBQ Rib Sandwich Salad Bar Baked Beans Cherry Tomato Canned Fruit Bar	22 Crispy Chicken Tenders Whole Grain Dinner Roll Buffalo Chicken Pasta Salad Salad Bar Steamed Corn Baby Carrots Fresh Fruit Bar	23 Cheese & Pepperoni pizza Yogurt Pak with Pretzel Bites Salad Bar Roasted Cauliflower Celery Sticks Canned Fruit Bar
26 Beef Hotdog on a Bun Honey Mustard Ham Wrap Salad Bar Cucumber Ranch Salad Celery Sticks Canned Fruit Bar	27 Chicken Tacos Quesadilla Choice Salad Bar Romaine Lettuce Black Beans Pineapple Radish Pico Salsa Fresh Fruit Bar	28 Crispy Chicken Tenders Whole Grain Dinner Roll Pretzel Pack Salad Bar Mashed Potatoes Steamed Corn Canned Fruit Bar	29 Crossiant Egg & Cheese Ham & Cheese on a Bagel Salad Bar Sweet Potato Fries Cucumber Slices Fresh Fruit Bar Rice Krispie Treat	30 Cheesy Italian Flatbread Corn Dog Salad Bar Maple Roasted Apples & Carrots Broccoli Florets Canned Fruit Bar

PRICES

EXTRA INFO

Milk Choice of 1% White, Skim, Chocolate or Strawberry is included with Lunch.
 For Questions or Comments contact the Food Service at foodservice@saintambroseschool.org or call 651.768.3028

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
 Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.