



Saint Ambrose of Woodbury Lunch Menu

October
2020

"Fresh Vegetable Choices and Seasonal Fruit are offered Daily"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>			<p>1</p> <p>Crispy Chicken Nuggets</p> <p>Fish Sandwich with Cheese</p> <p>Chicken Caesar Salad</p> <p>Mashed Potatoes Celery Sticks</p>	<p>2</p> <p>Soft Beef Tacos</p> <p>Chicken Fajitas</p> <p>Chef Salad</p> <p>Cilantro Lime Rice Garbanzo Beans</p>
<p>5</p> <p>All American Burger</p> <p>BBQ Chicken Legs</p> <p>Turkey Deli Sub Sandwich</p> <p>Kettle Potato Chips Baked Beans</p>	<p>6</p> <p>Pasta with Meat Sauce Garlic Toast</p> <p>Pizza Munchable</p> <p>Chicken Caesar Salad</p> <p>Green Beans</p>	<p>7</p> <p>Pancakes</p> <p>Pork Sausage Link</p> <p>Biscuits & Gravy</p> <p>Chef Salad</p> <p>Breakfast Potatoes</p>	<p>8</p> <p>Popcorn Chicken Boat</p> <p>WG Chips, Salsa & Cheese Cubes</p> <p>Harvest Chicken Salad</p> <p>Corn Mashed Potatoes</p>	<p>9</p> <p>Cheese or Pepperoni Pizza</p> <p>Yogurt Pak with Bagel</p> <p>Cub Salad</p> <p>Caesar Side Salad</p>
<p>12</p> <p>Beef Hotdog on a Bun</p> <p>BBQ Pulled Pork on Pretzel Bun</p> <p>Chef Salad</p> <p>Calico Bean Bake Tator Tots</p>	<p>13</p> <p>Macaroni & Cheese</p> <p>Sloppy Joe on a Bun</p> <p>Chicken Caesar Salad</p> <p>Baby Carrots</p>	<p>14</p> <p>TPDD No School</p>	<p>15</p> <p>MEA No School</p>	<p>16</p> <p>MEA No School</p>
<p>19</p> <p>Walking Taco</p> <p>Pretzel Bites w/Cheese Cubes</p> <p>Chef Salad</p> <p>Refried Beans</p>	<p>20</p> <p>Crispy Chicken Tenders Mashed Potatoes Gravy Whole Grain Dinner Roll</p> <p>Sandwich by the Foot</p> <p>Cub Salad</p>	<p>21</p> <p>Build your own Cereal Bowl Cinnamon Roll & Cheese Stick</p> <p>Italian Meatball Sub</p> <p>Buffalo Chicken Pasta Salad</p>	<p>22</p> <p>Chicken Patty on a WG Bun</p> <p>Chicken Alfredo w/Pasta Bread Stick</p> <p>Chef Salad</p> <p>Garlic & Herb Broccoli</p>	<p>23</p> <p>Cheese or Pepperoni Pizza</p> <p>Yogurt Pak with Bagel</p> <p>Chicken Caesar Wrap</p> <p>Garden Salad</p>
<p>26</p> <p>Corn Dog</p> <p>Turkey BLT Wrap</p> <p>Chef Salad</p> <p>Baby Carrots</p>	<p>27</p> <p>Pasta with Meatballs Garlic Breadstick</p> <p>Cheesy Italian Flatbread</p> <p>7 Layer Salad Garden Salad</p>	<p>28</p> <p>Cheeseburger on Bun</p> <p>BBQ Chicken Sandwich</p> <p>Beef Taco Salad</p> <p>Garlic Parmesan Roasted Potatoes Broccoli Florets</p>	<p>29</p> <p>Toasted Cheese Sandwich Homemade Tomato Soup</p> <p>Beef Hotdog on a Bun</p> <p>Chef Salad</p> <p>Sweet Potato Puffs</p>	<p>30</p> <p>Crispy Chicken Nuggets</p> <p>French Bread Pizza</p> <p>Chicken Caesar Salad</p> <p>Mashed Potatoes Cherry Tomato</p>

INFORMATION	All Children	\$3.45
	Adult Lunch	\$4.10
	Extra Entree	\$2.00
	Milk	\$0.60

EXTRA INFO

Milk Choice of 1% White, Skim, Chocolate is included with Lunch.
For Questions or Comments contact the Food Service at foodservice@saintambroseschool.org or call 651.768.3028

HARVEST OF THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®

www.taHER.com